

2010 STOTT® PILATES Certification Courses

Injuries & Special Populations, Level 1 (\$900)**

March 25,26,27,28 (Thurs/Fri/Sat/Sun. 11:00-5:00pm)

Intensive Mat Plus, Level 1 (\$1000)**

April 16,17,18 (Fri/Sat 12:00-5:00pm) (Sun. 11:00-4:00pm)

May 7,8 (Fri/Sat 12:00-5:00pm)

May 14,15,16 (Fri/Sat 12:00-5:00pm) (Sun. 11:00-4:00pm)

Intensive Stability Chair, Level 1 (\$525)**

May 21,22,23 (Fri/Sat 12:00-5:00pm) (Sun. 11:00-4:00pm)

Advanced Mat, Level 2 (\$150)**

June 12th (Sat. 11:00-5:00pm)

Intensive Barrels, Level 1 (\$350)**

June 26,27 (Sat 12:00-5:00pm) (Sun. 11:00-4:00pm)

Intensive Cadillac, Level 1 (\$850)**

August 6,7,8 (Fri/Sat 12:00-5:00pm) (Sun. 11:00-4:00pm)

August 14,15 (Sat 12:00-5:00pm) (Sun. 11:00-4:00pm)

Intensive Reformer, Level 1 (\$1500)**

September 9,10,11,12 (Thurs/Fri/Sat 12:00-5:00pm) (Sun. 11:00-4:00pm)

September 24,25,26 (Fri/Sat 12:00-5:00pm) (Sun. 11:00-4:00pm)

October 1,2,3 (Fri/Sat 12:00-5:00pm)

Advanced Reformer, Level 2 (\$450)**

October 22,23,24 (Fri/Sat/Sun. 11:00-5:00pm)

Intensive Mat Plus, Level 1 (\$1000)**

November 18,19,20,21 (Thurs/Fri/Sat 12:00-5:00pm) (Sun. 11:00-4:00pm)

December 2,3,4,5 (Thurs/Fri/Sat 12:00-5:00pm) (Sun. 11:00-4:00pm)

Advanced Cadillac/Chair/Barrels, Level 2 (\$300)**

December 9,10,11,12 (Thurs/Fri/Sat 12:00-5:00pm) (Sun. 11:00-4:00pm)

Exam Dates

Call or email Jenny to set an appointment

For more information contact:

Jenny Carr

jenny@iptconline.com

801.860.0466

www.iptconline.com

**SPACE IS LIMITED!
CALL TODAY
TO RESERVE
YOUR SPOT!**

2010 STOTT® PILATES Workshops & Reviews

Anatomy Review (\$75)**

April 2

(Fri 12:30-2:30 pm)

Postural Analysis Review (\$75)**

April 18

(Fri 9:30 am-11:30 pm)

Jumpboard Interval 2 (\$75)**

June 11

(Fri. 12:00-2:00 pm)

Mini Stability Ball (\$75)**

June 11

(Fri. 2:30-4:30 pm)

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STOTT PILATES®

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*Dates & Times are subject to change **Pricing does not include required course materials